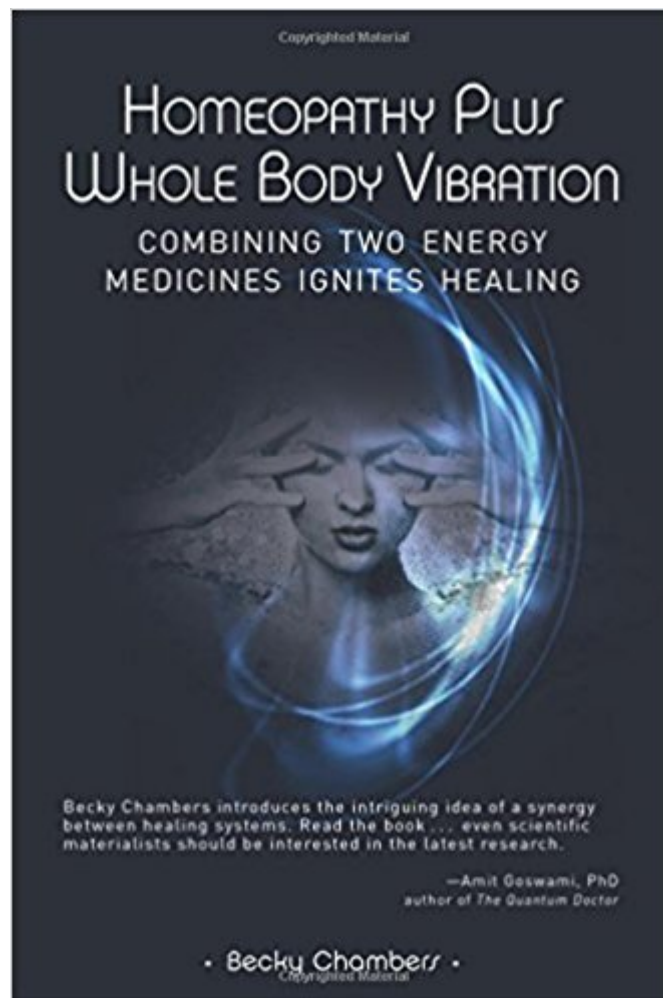




The book was found

Homeopathy Plus Whole Body Vibration: Combining Two Energy Medicines Ignites Healing



Synopsis

Three things cannot be long hidden: the sun, the moon, and the truth. Buddha. In her first book, *Whole Body Vibration*, Becky Chambers introduced the life-changing benefits of this booming body, mind, and spirit therapy. Now she explores the exciting possibilities for health and well-being by combining whole body vibration with homeopathy. Homeopathy, based on the principle of like cures like, is an energy medicine that treats each person individually by stimulating his or her own natural healing ability. And as Chambers has discovered, homeopathy plus whole body vibration creates a healing fire of epic proportions. Chambers presents this latest concept in healing with research from expert resources, including publications such as *Lancet*, the *British Medical Journal*, and the *New England Journal of Medicine*, along with inspiring stories from her own clients. *Homeopathy Plus Whole Body Vibration* offers exciting possibilities in the treatment of illness and the quest to reach our highest potential.

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Customer Reviews

Exceptionally well written, extraordinarily well organized, impressively accessible for the non-specialist general reader, *Homeopathy Plus Whole Body Vibration: Combining Two Energy Medicines Ignites Healing*, will prove to be an enduringly popular and highly valued addition to professional, community, college, and academic library Alternate Medicine reference collections and supplemental studies lists. --Midwest Book Review (an organization that libraries rely on when buying books for their collections) I have been a big believer in energy medicine and healing

modalities for over twenty years and have incorporated many of them in my own healthcare regimen. In today's world, we are bombarded on a regular basis with advertisements for pharmaceuticals to take care of a whole host of symptoms and, of course, that's after you listen to or read a long list of possible side effects (including death). More than ever, many of us are interested in living healthy, vibrant lives especially as we age. It's past time that we investigate healthcare solutions used by physicians all over the world that are powerful, gentle, and have no side effects. In *Homeopathy Plus Whole Body Vibration*, Becky Chambers introduces us to two therapies that are powerful on their own. Combined, they offer a synergistic healing force that can rock your world your body, your mind, and your spirit. Read some of the real-life healing journeys that Chambers shares. If what you've been doing isn't working and/ or if you're ready to optimize your health and have your energy soar, this could be for you. --Ann Quasman, chief fulfillment officer and creator of Conscious Conversations Café® on WomanTalk Live Radio

This book presents ideas that are novel and new it is a must read for the large number of people who have turned toward holistic medicine. The concept of mixing energy stimulation or modulation into a therapeutic regimen is very relevant in clinical practice. I highly recommend this book. --Stephen Holt, MD, DSc, ND, Distinguished Professor of Medicine Emeritus

Becky Chambers is a natural health practitioner, teacher, author, and the president and owner of Vibrant Health, where she specializes in homeopathy and the breakthrough body, mind, and energy therapy of whole body vibration. Becky is one of the most experienced independent experts in whole body vibration in the United States. Her book, *Whole Body Vibration: The Future of Good Health*, has been the best-selling book in the US on this revolutionary technology since it was first published in 2013. Becky has since published a second book, *Homeopathy Plus Whole Body Vibration*. Becky has a bachelor of science degree in biology from the University of Massachusetts, a master's in education from Lesley College, and she graduated from Clayton College of Natural Health in 2003 with a graduate degree in natural health, specializing in homeopathy. She has spent the last twenty-five years discovering powerful new energy therapies that have led to a transformation of her life on every level.

This book is an outstanding read with valid, life-changing information. The author has profoundly changed my life. I came to Becky after being introduced to WBV by my chiropractor and reading Becky's first book. I purchased my own WBV machine from Becky in December 2015 and began homeopathic treatment under Becky in January 2016. It has been nothing short of miraculous for

someone who has had chronic health problems subsequent to head injury and pituitary injury in an automobile accident 23 years ago. Since beginning combined homeopathic and WBV treatment under Becky's care I have reduced all of my medications and am feeling better, stronger, and less symptoms. My depression is gone except for short bouts when its time to change remedies, pain and edema down, sleep and sense of well-being improved. As I continue to follow her direction, I expect to continue decreasing meds and hope that soon the weight will begin to come off. Becky is extremely knowledgeable, caring and empathetic. She has an uncanny ability to nail the correct remedy. Anyone seeking true health, not just suppression of symptoms, should read this book and follow through with Becky. Her approach to energy medicine truly works.

I'm finding the book very interesting but wonder why some WBV machines are considered more harmful than helpful. It has something to do with the "type" of vibration and I believe the author recommends only a certain kind.

About 18 months ago I was diagnosed with having a herniated disc that was causing pain and numbness that would extend from my hip all the way down my left leg and then spread to my foot and toes. This prevented me from walking for short distances, because I would immediately have pain and cramps. One Sunday night I was listen to KPFA radio here in San Francisco and there she was, Becky Chambers, talking about how Homeopathy and Whole Body Vibration were helping a lots of people with different types of illnesses. The following week I bought her books and after reading both books I decided to give her a call and find out if I could benefit from this treatment. I had tried just about everything from epidural injections to chiropractic and acupuncture, and nothing had worked. When I talked to Becky, she said to me, let's start with the homeopathic remedy Aesculus 30C and we'll adjust the dose accordingly how your body responds. Within a few days, for the first time since I started experiencing my problem, I was able to walk a 1/4 mile without experiencing any discomfort. After a while the pain came back as she had told me was likely to happen, and she increased the potency of the Aesculus remedy to 200C. The pain again went away almost immediately. Yesterday when I woke up and put my feet on the ground I couldn't believe it - for the first time in a long time there was no pain at all. Becky says that it is now safe for me to add Whole Body Vibration to my health. She had told me I should not do WBV in the beginning because herniated discs are a contraindication for WBV and I might get worse. Now in a couple of days, I will receive the machine and I will start WBV. I'm looking forward for happy end to my leg problem, Thank you Becky. Roberto, San Francisco, C.A.

I have been working with Becky for some time and have found her methods to be quite effective. Originally I worked with her on a medical problem and have been able to be healthy with less medication. This has helped me be more effective and reduce the role of the medical condition in my life. In addition I went through a set of troubling experiences many years ago. I dealt with them by gritting my teeth and persevering because that is how I believed I should live my life. When I finished I realized that these experiences had left an imprint on me and I was no longer the person I used to be. I lacked the energy, optimism and enthusiasm that I needed to do the things I wanted to do in this life. I again responded with determination and believed life would return to what I expected it to be but this did not happen. While I would not have said "my energy had shifted" at the time I knew something was different and I did not know how to deal with it. As the book says "not dealing with your energy is like fighting the tide" it is an inexorable and natural force. Things like psychology were ineffective in dealing with what I felt inside me. The first time I used a homeopathic remedy from Becky I felt the first real movement of this energy towards what it should feel like. Each remedy has been another step in this direction and I look forward to seeing where the journey will take me.

Love my whole body vibration machine. I could not believe how effective it is. Amazing results in toning and strengthening. I've been using mine for 17 months now and this book gave me good tips on using it.

Becky Chambers' book, "Whole Body Vibration" gives a very clear overview of both homeopathy as well as whole body vibration. The book describes scientific concepts in very clear language that any lay person can understand. The case histories illustrate how these techniques work and provide a clear guide for the reader who is searching for effective alternative healing methods.

This insightful writer covers all the bases... Facts and figures along with professional, technical and personal research and discovery. This lady knows her stuff! This kind of knowledge and wisdom can change people's lives, including yours too! What a unique, brilliant and effective combination of healing modalities!

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